



zero hunger with langar

giving a **hand up** and not *'just'* a handout.



zero hunger with langar
giving a **hand up** and not *'just'* a handout.

our cause

Inspired into existence with the clear **purpose** of replicating the concept of **Langar everywhere** so there will be **no hunger anywhere**.

Langar is the concept of free, compassionate, food for ALL regardless of faith, gender, age or social status.

our values

- To always **serve** others first
- To always **eat last**
- To always **keep things simple**
- To always **give generously**
- To always **receive graciously**

our commitment

We commit to start serving where there is a **genuine**, need immediately.

Within 24 months of starting serving we commit to establishing a local, supplementary, self sustaining food system so the people we serve **never become subservient** to us or others.

how we work

The **zero hunger with langar** movement actively seeks and **inspires** motivated **people** to come **together**.

These individuals then assemble local, **diverse, teams** to start using their time, energy and resources to begin creating a **world free from hunger** right from within **their own** respective countries.

We believe the best way to bring our cause to life is to continually foster, like our lives depend on it, a **culture of cooperation, trust and loyalty**, upon which the 'how and what' we do on the ground, in each country we go to, will **naturally** be founded.

our vision

giving a **hand up** and not *'just'* a handout.

What does this mean?

Keeping the communities we serve, totally, reliant on us is a finite solution.

Whilst we recognise the value of starting a food serving program in the short term, our **long term goal must always** be to create an environment within which people can have the **equality of opportunity** to help build and **shape their own future**.

our approach

We use **science** to help **guide** where we go, **faith** then takes over to **help us serve**.

Combining **Faith** and **Science** to take an **empirical data** led, yet **compassionate**, approach to help work towards a **world free from hunger**.

Find out more at www.globalhungerindex.org



Zero Hunger with Langar - where we work

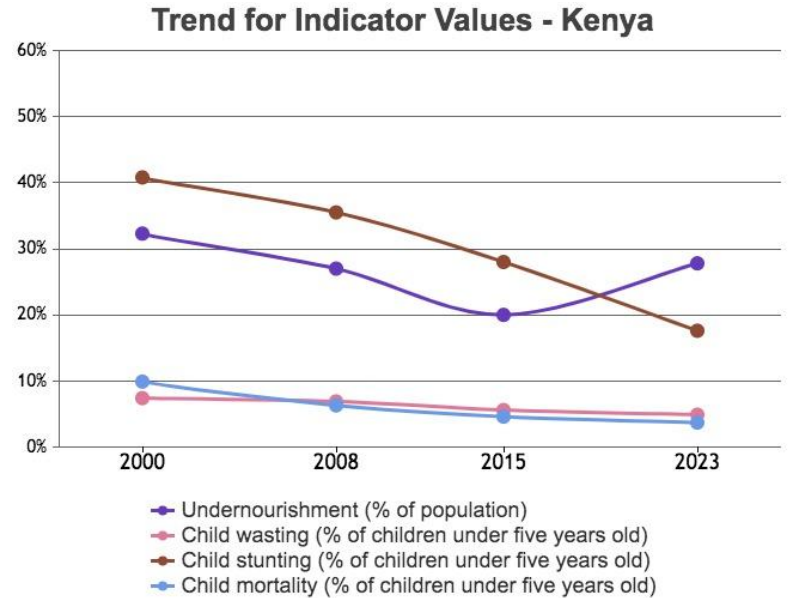
- Zero Hunger with Langar - **Kenya** (serving since January 2023)
- Zero Hunger with Langar - **Botswana** (serving starts Q1 2024)
- Zero Hunger with Langar - **Malawi** (plan to re-start serving Q1 2025)

Future strategic locations:

- Zero Hunger with Langar - **South Africa** (currently identifying, potential, local board members)
- Zero Hunger with Langar - **Tanzania** (currently identifying, potential, local board members)



Zero Hunger with Langar - Kenya - why we operate here





Zero Hunger with Langar - Kenya - how we operate here

how WE do it

We setup **free volunteer-led community** kitchens at places of education in the heart of rural communities suffering from the scourge of **hunger**.

Community volunteers [often parents and villagers] get together to form **local serving circles** to help prepare, cook and **serve meals daily** to children who attend the school.

Every month field officers from **our dedicated ground team**, personally, visit each school to deliver a specially formulated **zerOhunger [with langar]** food mix, that has been fortified with essential vitamins and minerals, as well record progress and monitor the well being of the children we serve.

As soon as daily serving is stable and attendance is increasing we source and, if required, **lease** farming land **owned by the local community**, so **our agronomists** can devise a **grOw** plan to start laying the groundwork for the, supplementary, self sustaining **zerOrganics** food system.

what WE do

zerOhunger (with langar) - kenya started supplying food for daily serving of meals to children in January 2023. Initially starting at one school with 250 children, as of September 2023 the movement serves daily meals up to 1,300 children, daily, across 4 schools around Amboseli National Park, Kajiado County in the foothills of Mount Kilimanjaro along the border region with Tanzania.

Here's where we **serve**:

- **Enkong Narok Primary School**
 - 250 Children
 - 8 registered teachers
 - Water borehole shared with local village
 - Electricity available on site
 - Basic kitchen available on site
 - 4G Mobile Network - GOOD
- **RISA Primary School**
 - 350 Children
 - 6 registered teachers
 - Water borehole available on site
 - Electricity available on site
 - Very basic kitchen available on site
 - 4G Mobile Network - GOOD
- **Amboseli Primary School (ECD)**
 - 200 Children
 - 7 registered teachers
 - Water borehole available on site
 - Electricity available on site
 - Good kitchen available on site
 - 4G Mobile Network - AVERAGE
- **Mashinani Primary School**
 - 350 Children
 - 5 registered teachers
 - No water available on site
 - No electricity available on site
 - No kitchen available on site
 - 4G Mobile Network - VERY POOR



Zero Hunger with Langar - Kenya - what we do



We setup **free volunteer-led community** kitchens at places of education in the heart of rural communities suffering from the scourge of **hunger**.

Community volunteers [often parents and villagers] get together to form **local serving circles** to help prepare, cook and **serve meals daily** to children who attend the school.

Every month field officers from **our dedicated ground team**, personally, visit each school to deliver a specially formulated **Zer0 Hunger with Langar** food mix, that has been fortified with essential vitamins and minerals, as well record progress and monitor the well being of the children we serve.

As soon as daily serving is stable and attendance is increasing we source and, if required, **lease** farming land **owned by the local community**, so **our agronomists** can devise a **grOw** plan to start laying the groundwork for the, supplementary, self sustaining **zerOrganics** food system.



Zero Hunger with Langar - Kenya - about us

our ground teams

Zero hunger with Langar - Kenya on the ground teams are made up of dedicated individuals who really believe in giving a hand up and not 'just' a handout to empower their, respective, local communities.

Our Nairobi team:

- Anne - logistics and supply chain

Our Kajiado County team:

- Wycliffe - delivery and reporting
- Collins - agronomist
- Ken - operations

Our West Pokot County team:

- Linus - operations

our executive team

Our executive team are seasoned professionals in their respective fields and ensure we are accountable and transparent:

- Mr. Kim Bhari CPA - Financial Accounting officer
- Mr. Kevin McCourt LL.B(Hons) - Legal Counsel

our board

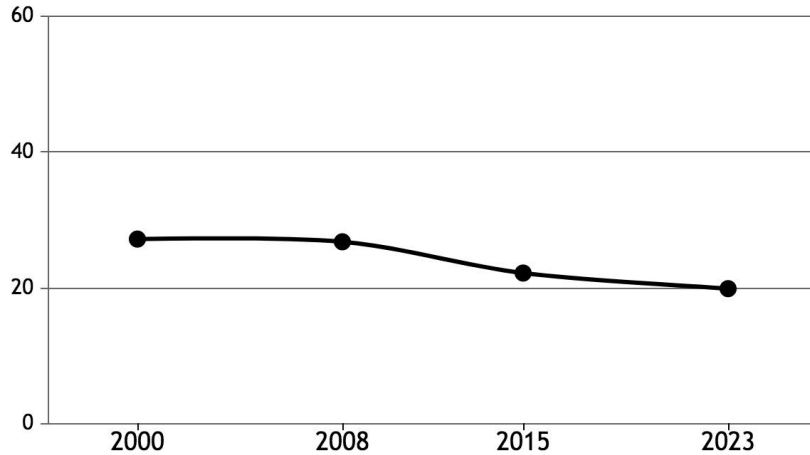
Our board of trustees is made up of a diverse mix of people which includes an ex-royal marine in the British army, a large scale coffee farmer, a floriculturist, a school teacher and a visionary.

- Lt. Col. (rtd.) Conrad B. Thorpe OBE
 - [bio]
- Mr Peter K. Kinyua EBS
 - [bio]
- Mr Manjit 'Kuki' Singh Amrit
 - [bio]
- Mrs Kulwinder Kaur Kullar
 - [bio]
- Mr Jagjit Singh
 - [bio]

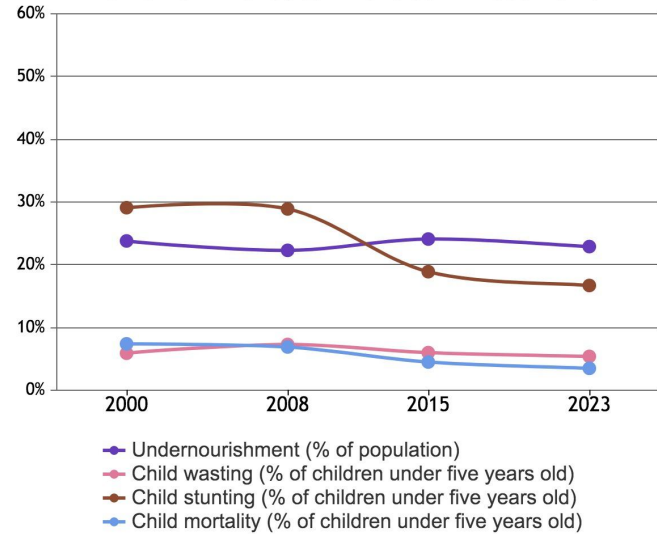


Zero Hunger with Langar - Botswana - why we operate here

GHI Score Trend for Botswana



Trend for Indicator Values - Botswana





Zero Hunger with Langar - Botswana - how we operate here

how WE do it

By distributing a specially formulated **zerOhunger [with langar]** food mix, that has been fortified with essential vitamins and minerals, weekly at places of education as take home meals for children.

Every month field officers from **our dedicated ground teams**, personally, visit each school to deliver the required quantity of food as well record progress and monitor the well being of the children we serve.

what WE do

zerOhunger (with langar) - botswana plan to start serving from Q1 2024. Motivated individuals have been invited to join the movement and a board team has been assembled. Work has begun on the administration, logistics and recruitment of a ground team so a pilot serving program can begin in at least 2 inner city schools, in Gaborone, come the new year.

Here's where we **serve**:

- **Tshwaragano Primary School**
 - 1200 students
 - 38 registered teachers
 - Water available on site
 - Kitchen available on site
 - 4G network - GOOD
- **Therisanyo Primary School**
 - 850 Students
 - 35 registered teachers
 - Water available on site
 - Kitchen available on site
 - 4G network - GOOD



Zero Hunger with Langar - Botswana - about us

our ground team

Zero hunger with Langar - Botswana on the ground team are made up of dedicated individuals who really believe in giving a hand up and not 'just' a handout to empower their, respective, local communities.

Our Gaborone team:

- ???? - General Manager
- ???? - Reporting, operations and logistics

our executive team

Our executive team are seasoned professionals in their respective fields and ensure we are accountable and transparent:

- Mr. Pankaj Arora ACA, FCA - Financial Accounting officer
- [to be confirmed] - Legal Counsel

our proposed board

The Zero Hunger with Langar - Botswana board is made up of a diverse mix of people which includes a mechanical engineer, a current advisor to the president, a private company executive director, a current CEO of a publicly listed company, a floriculturist, a school teacher and a visionary.

- Mr. Ajit Singh Ahuja
○ [bio]
- Mr. Ramachandran Ottapathu
○ [bio]
- Mr. Jagjit Singh
○ [bio]
- Mr. Jacob Nkate
○ [bio]
- Mr. Manjit 'Kuki' Singh Amrit
○ [bio]
- Mr. Abhijeet Singh Ahuja
○ [bio]
- Mrs. Kulwinder Kaur Kullar
○ [bio]



Zero Hunger with Langar - **our vision** - the future

giving a **hand up** and not *'just'* a handout.

What does this mean?

Keeping the communities we serve, totally, reliant on us is a finite solution.

Whilst we recognise the value of starting a food serving program in the short term, our long term goal must always be to create an environment within which people can have the equality of opportunity to help build and shape their own future.

With this in mind we are currently developing the 3 step **giving a hand up** and not *'just'* a handout program.

our 3 step program

- Values **Practice** mindset
 - **#borntoserve** daily
 - Compassion
 - Love
 - Humility
 - Selflessness
 - Always do the right thing
 - Courage
 - Truth
 - Honesty
 - Accountability
- Building **resilient** communities
 - **zerOrganic** shamba's
 - **ecOkitchen** concept
- Fostering **Innovation**
 - Connecting Classrooms
 - Training the trainers